


February 2019 Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cheese Lasagna Garden Romaine Salad *Corn Pineapple, Milk
4 (D-63r) Veg Chili Shredded Cheese WG Cornbread Sliced Cucumbers Apple, Milk	5 Rosh Chodesh BBQ Chicken WG Couscous *Salad Bar Hillel Diced Pears, Juice 	6 WG Grilled Cheese Sandwich Tomato Soup w/Rice *Sliced Peppers Orange, Milk	7 (USDA) WG Spaghetti & Meat Sauce Green Beans Banana, Juice	8 Tuna Salad w/Eggs WG Pita Split Pea Soup *Pickles Pineapple, Milk
11 (D-21A) WG Cheese & Bean Burrito Romaine Salad *Corn Apple, Milk	12 Sweet & Sour Chicken Brown Rice Glazed Sweet Carrots Diced Peaches, Juice	13 (USDA) Oven Fried Fish WG Israeli Couscous Peas & Carrots Tartar Sauce Orange, Milk	14 Sloppy Joe WG Buns French Fries Banana, Juice	15 WG Cheesy Baked Ziti Tossed Spinach Salad w/veggies Pineapple, Milk
18 *Hillel only. WG Mac N Cheese Garden Romaine Salad Baby Carrots Apple, Milk	19 (D-39) Stir Fry Chicken & Veg WG Sesame Noodles Diced Pears, Juice	20 (USDA) Spinach Cheese Squares WG Rolls Lentil-Mushroom Soup Orange, Milk	21 (D-28) Meatloaf WG Couscous Baked Sweet Potato Banana, Juice	22 Hummus Falafel WG Pita Coleslaw (No Mayo) Pineapple, Milk
25 WG Cheesy Kugel Sweet Potato Soup *Sliced Cucumbers Apple, Milk	26 Baked Herb Chicken Brown Rice Garden Romaine Salad *Baby Carrots Diced Peaches, Juice	27 (USDA)WG Tuna Casserole Peas & Mushrooms Orange, Milk	28 *Hot Dogs Hillel WG Buns Creamy Coleslaw Ketchup Banana, Juice	

Whole, unflavored milk is served to 1 year olds, Skim, unflavored milk is served to children ages 2 and older.
WG=Whole Grain

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